Ten Reasons For Resistance to Change

1. An unfavorable risk/reward calculus
2. Fear of the unknown
3. Fear of failure
4. Lack of experience/role models for the new reform
5. Change may upset the established hierarchy and status distinctions
6. Top-down, hierarchical planning that results in no “buy-in” from those expected to implement the change
7. Lack of trust/fear of hidden agendas
8. Fatigue/burnout/work overload
9. Denial/false beliefs and rumors
10. Sincere belief that the change proposed is a bad idea
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